



ANNOUNCEMENTS

IF YOU'RE WAITING FOR A BETTER SUNDAY to recommit to adoration, the best time is today! (The best time is always "today" to recommit/go deeper with the Lord!) And with Adoration-of-the-Magi tailwinds behind you at the outset of 2025, you're primed to ascend to new heights! Sign up for an hour at stmark.weadorehim.com

SPREAD THE WORD ABOUT OUR PRESCHOOL: we've got one of the most accommodating programs around! Inquire with the director (asmith@onestrongfamily.org) and know that your child is in a truly Catholic program! Also, staff is needed for the preschool in the upcoming semester on Tuesdays and Wednesdays.

SAVE THE DATE (and spread the word about it): St. Mark's Preschool will also have an open house January 19th, from 10 AM - 1 PM! Look for more details in the weeks ahead! A vibrant preschool is a springboard for life in Christ via the parish!

THINGS ARE A-CHANGING. JUST TEMPORARILY: There'll be no 7 AM Mass during this week (Jan. 7 - 11). Also, there will be NO 7:00 PM Holy Hour this Thursday (Jan 09). The week of Jan. 13-17 adoration will be in the main church as a wall repair and paint job is scheduled at that time in the chapel.

IT WAS A SMASHING SUCCESS (though that term should be used advisedly as relates to windows): we reached our goal for the 2024 Rebuild My Church Appeal! It's in God's and the laborers' hands now! Recall that project is slated to begin once the snow clears up this Spring (March/April, hopefully). Keep it in your prayers (especially that the scope and/or cost don't grow)!

NEW YEAR, NEW UPDATED GIVING! If you've not updated your giving since the fall's pledges and appeals (or not even made a pledge), there's no time like the present! You can do that at stmark.xyz/give

ARE YOU POINT AT AN EVENT AT THE PARISH? Don't forget that, if it's cancelled, to be sure to contact door, calendar, and admin assistant czarina Gina Brennan (gbrennan@onestrongfamily.org) to make sure it's stricken from the calendar and that proper protocol is followed! There's your helpful reminder for 2025!

DID THEY ALL GO TO THE HUMAN FUND? No, the Advent Giving Tree gifts actually go to *real* recipients via Abria families, Four Seasons Elementary School children, and a few other local families! And the following note of gratitude was shared from a recipient: *"Dear St. Mark families, Thank you. Our kids received the Christmas gifts and they really love and enjoy them a lot. We also received the gift cards and they are a great help to us. God bless you, Lu Pan."*

IF YOU WANT TO GO TO THE PREMIUM ROME ET AL EXPERIENCE WITH PES, reserve your spot at stmark.xyz/rp And space is, of course, limited! The editor did the maths: it's about ~\$244 per day for the nine day pilgrimage (including local transportation and meals)! That's about \$10 per hour, or only ~\$0.17 per minute! And \$0.17 is practically nothing!

UPCOMING EVENTS

The Mass Explained | 7:00 PM | Church

**TUE
14
JAN**

Would you like to understand more deeply what is happening during the Holy Sacrifice of the Mass, and why the Church prays the way that she does? Our Christian Initiation Ministry Team presents "The Mass Explained," in which we will walk through all the parts of the Mass with narration and explanation of the words and actions of our liturgy. All are welcome; please come and invite anyone you know who would like to know more about the truth and beauty of the Mass. Note: this will not be an actual Mass but rather a "guided tour" of the Mass which can help us all to pray and worship at Mass with greater knowledge and love.

But wait, there's more. Find the Parish calendar on our website: onestrongfamily.org/events.

From the Heart of the Shepherd



Fr. David Hottinger PES, Pastor

Epiphany 2025



St. Paul expresses some ambivalence about marking the days. “One man esteems one day as better than another,” he observes, “while another man esteems all days alike. Let every one be fully convinced in his own mind” (Rom 14:5). With the Galatians, he is positively worried about those who make too much of the calendar: “You observe days, and months, and seasons, and years! I am afraid I have labored over you in vain” (Gal 4:10-11). A new year has arrived. What are we to make of it?

For starters, we Christians ought to approach time rooted in the awareness that in Christ, eternity has forever pierced the flow of time and bathed all of history with its light. Though time relativizes us, limiting us to the ephemeral “here and now,” those who live in Christ abide already in His eternal Day. For us, though “the world in its present form is passing away” (1 Cor 7:31), “our conversation is in Heaven” (Phil 3:20). We therefore look upon the passage of time, even the passing away of our mortal frame, with serenity. As we mature, we become more and more mindful of His word, which shall not pass away (Mt 24:35). We mind more the eternal things that will remain when the veil of this world has finally passed entirely from our eyes and we behold the face of Jesus Christ, “the same yesterday, today, and forever” (Heb 13:8).

Amen. Even so, and somewhat paradoxically, we Christians value the moments of time even *more* than those who do not live for eternity. The present moment, fleeting as it is, is the privileged space in which we have the blessed opportunity to accept the offer of salvation, work out that salvation with fear and trembling (cf. Phil 2:12), and come to grow in grace and wisdom towards the full stature of Christ (cf. Eph 4:13). As St. Paul says, fulfilling Isaiah, “*Behold, now is the acceptable time; behold, now is the day of salvation!*” (2 Cor 6:2). For the offer will not stand forever. If we do not take advantage now, we shall miss the opportunity and find ourselves on the outside of the Kingdom looking in for all eternity. Hence the admonition of Hebrews: “Exhort one another every day, as long as it is called ‘today,’ that none of you may be hardened

by the deceitfulness of sin” (Heb 3:13).

So, we are not entirely bounded by time, and yet in view of eternity we are urged to treasure every drop of it. The Church has, therefore, developed a way to make the most of time precisely by marking “days and months and seasons and years.” Because we can’t do everything all at once, our Christian calendar helps us to vary “the days” in such a way as to help us contemplate and give thanks to God for all that He is and has accomplished for us in Christ, and to ensure there is time enough to accomplish all that we must in order to make the most of this Day of salvation. And so we have a time to sow, a time to harvest, a time to fast, a time to feast, a time to work, a time to rest, a time to pray, and time to preach. And for everything else that we must do under the sun.

These first days of the new year, therefore, I don’t think we need to reckon like all the rest. The “civil” calendar, better called the Gregorian Calendar, is rooted in the liturgy, and therefore the mysteries of our Faith. It begins (and ends) with the week-long Day of Christmas, showing how everything we do flows from the mystery of the Word made flesh. After all, we count our years dating back to the very year (as best it could be determined) of the Incarnation itself. In the course of this year, we will continue to contemplate the Lord’s Nativity, now made known to the nations at the Epiphany; ponder intensely the mystery of His Passion, Death, and Resurrection over Lent and Easter; review the saying and deeds that made up Jesus’ active ministry; exalt in His masterpieces, the saints; and conclude by preparing ourselves for His coming again, mindful that this year could indeed be our last on earth.

Taking stock of the opportunity set before us, I challenge you, while it is still today, to ponder, determine, and resolve how you will use the gift of this new year. Decide upon what you must do to plant or uproot, accomplish or renounce, so that you do not “labor in vain” or allow the “days to be evil” for you, but rather can be confident of “look carefully to how we walk and make the most of the time” (cf. Eph 5:15-16).

OUR MISSION IS TO LIVE AND SHARE CHRIST'S CALL TO HOLINESS

New Parishioner Lunch (Feb 02)

NEW TO THE PARISH AS OF JUNE 2024? And you've not been to a new parishioner lunch?! Our next one is coming up February 2nd! This is a catered lunch (not potluck), but don't think that'll spoil the small-town, family spirit that characterizes the parish! The exact opposite: these lunches are invaluable opportunities to meet staff, clergy, and fellow newcomers and be yoked ever more to the mission of St. Mark's!

RSVP at stmark.xyz/npl

Bible Study Part II

DO NOT BE DECEIVED by this familiar graphic below, dear reader: it has been altered from its Fall 2024 design! For the academic year 2024-2025, recall our parish Bible Studies will be reading through the letters of (St.) Paul and the second half of that study starts at the end of the month! For six weeks, Fr. David will guide us through the remaining letters of St. Paul! Register at stmark.xyz/bible

QUESTIONS? CONTACT YOUNGADULTS@ONESTRONGFAMILY.ORG

ST. MARK'S GYM
1950 Marshall Ave. Saint Paul

7 PM. SWING LESSONS
7:30- 10 PM. MUSIC

\$10 ADMISSION AT THE DOOR
(\$8 with student ID)

BEER AND WINE AVAILABLE FOR PURCHASE.



MASS AND PRAYER INTENTIONS

Mass Intentions for week of JAN 05, 2025

	7 AM	10 AM
M:	---	---
T:	---	ProLife Across America
W:	---	Betty Bodine +
Tr:	---	Beatrice de la Rosa Wilson +
F:	---	Beatrice de la Rosa Wilson +
S*:	Paul Kern + (8 AM); Gabriel Clendenen & Family (5:00 PM)	

BECOME CATHOLIC

Are you interested in learning more about becoming Catholic? Or do you know someone who is? Our Christian Initiation Ministry provides an introduction to Catholic faith and life for adults who are not baptized, baptized in another faith, or Catholics seeking to receive Eucharist or Confirmation. Meetings will begin on Wednesday, September 26th at 7:00 p.m. in the Community Room. To find out more, contact rcia@onestrongfamily.org. Or sign up at stmark.xyz/cim

FORMATION OPPORTUNITIES

FORMED has been back for awhile! Note we REALLY may eventually get around to cleaning up the back end, so if your old credentials don't get you in, it's "not you, it's us." To access content, visit Formed.org and click "Sign up as a parishioner" and find St. Mark's via our zip code: 55104

WE ALSO USE EMAIL

THE BULLETIN IS ONE OF THE MAINSTAYS for Catholic parish communications, but, alas, it's still a limited medium! As such, we also have a weekly newsletter, which, in addition to helping remind you of goings-on, also features vanguard news from the parish, or items not featured in the bulletin! Subscribe to it!



ST. MARK'S PRESCHOOL

ST. MARK'S PRESCHOOL offers full-day and half-day programs, up to five days a week. Enrollment for the upcoming school year is open now! Visit the preschool website, onestrongfamily.org/preschool, or contact Addie Smith, our Preschool Director at:

preschool@onestrongfamily.org
651-644-5030

ADORATION



We are blessed to have Eucharistic Adoration available at our parish. However, help is needed to maintain it. Please prayerfully consider signing up for a weekly holy hour. We have a number of openings plus there are many hours that could use a prayer partner (currently only one Adorer committed):

- Monday:** 11pm
- Tuesday:** Noon
- Wednesday:** 2am
- Thursday:** 9am
- Friday:** Noon, 6pm, and 7pm
- Saturday:** 5am



Create an account at stmark.weadorehim.com or Email adoration@onestrongfamily.org

The Church of St. Mark
*Our mission is to live and share
Christ's call to holiness.*
Learn more: onestrongfamily.org/mission

Know someone in need of prayers? Email your request to prayers@onestrongfamily.org and we'll be sure to pray for you!

SUPPORT ST. MARK'S

Thank you for your generosity! To donate, visit onestrongfamily.org/give-help. For questions, contact parishcenter@onestrongfamily.org



ONE STRONG FAMILY UNITED IN CHRIST

Women's Workout Nights

Feel free to cut out and put on the fridge:

WORKOUT NIGHTS FOR ALL WOMEN BEGINNING JANUARY 6! Come join other St. Mark's women in a series of joyful and live-giving workout nights! As St. Paul says, "Do not run aimlessly," but join your fellow parishioners on Mondays at 8:00-8:45 p.m. in strengthening your body - and having a great time! We'll offer a variety of workouts each week led by parishioners Shannon Nowak (barre workouts), Colleen Beatty (cardio/strength training), Leah Amundson (Pilates), Lauren Wen (kickboxing blend) and Rosemarie Monge (Shine Dance Fitness). Bring your own exercise mat if you'd like but some will also be available. Workouts are held in the school gym. Check the parish website for the up-to-date schedule. Bring all of your friends! Contact Theresa with any questions at theresacreinhardt@gmail.com

- **January 6** - Shine Dance Fitness
- **January 13** - Cardio/strength training
- **January 20** - Pilates
- **January 27** - Barre
- **February 3** - Pilates
- **February 10** - Cardio/strength training
- **February 17** - Pilates
- **February 24** - Barre
- **March 3** - Pilates
- **March 17** - Barre
- **March 24** - Kickboxing blend
- **March 31** - Cardio/strength training
- **April 7** - Kickboxing blend
- **April 14** - Pilates
- **April 28** - Cardio/strength training
- **May 5** - Barre
- **May 12** - Cardio/strength training
- **May 19** - Pilates

Mothers of Lu (Jan. 05)



FOLLOWING 9:00 AM MASS, as is customary now for First Sundays, join fellow mothers at Mary's altar to pray for vocations from among our families!

New Parishioner Series



One strong family united in Christ. This is one of our core values here at the Church of Saint Mark. Whether you are young or old, married or single, the parish community is here to support you and encourage you as you pursue sainthood.

We are blessed to have new members joining our parish and we'd like to introduce them to our parish family here. If you see them around the parish, please introduce yourself too!

Meet the Blaschko family! Ali and James live in the West Side neighborhood of St. Paul with their three boys George, Patrick, and Lawrence.

James is a Service Advisor at Eden Prairie Nissan and Ali is a homemaker as well as a tutor for Anselm House at the University of Minnesota.

As a family they enjoy camping, hiking, and visiting museums. James enjoys biking and deer hunting, while Ali enjoys gardening and reading. They are lifelong Minnesotans who love winter activities including sledding, snowshoeing, ice-fishing, and the list goes on!

James and Ali are St. Thomas Alumni and had heard glowing recommendations for St. Mark's from their college friends who are also parishioners (shout out to the Trusos, Wehrlys, and Goodings)!

The Blaschko family has loved the warm, welcoming community, the opportunities to get involved, the beautiful church building (and are very excited about the stained glass renovation and forthcoming book), and the reverent liturgies.

This winter they are praying for lots of snow to enjoy being outside, as well as some travel in the spring to visit family and friends in Indiana and Illinois.

Welcome to the parish Blaschko family!

STAFF

Clergy:

Fr. David Hottinger, PES.....Pastor
frdavid@onestrongfamily.org

Fr. Patrick Evans, PES.....Associate Pastor
frpatrick@onestrongfamily.org

Fr. Humberto Palomino, PES..... Associate Pastor
frhumberto@onestrongfamily.org

Parish Staff:

Randy Lehn..... Parish Business Manager
Br. José Ignacio Rodriguez.....Master of Ceremonies
Br. Evan Steeves.....Ignite Youth Ministry
Sr. Julieta Del Carpio, PES.....Faith Formation
& Ignite Youth Ministry
Larry Leif.....Head of Maintenance
Kristen Grant.....Director of Discipleship
Kathrine Handford.....Director of Music and Organist
Audrey Koval.....Pastoral Associate
Gina Brennan.....Administrative Assistant
Kevin Gearn.....Director of Communications

Parish Contact

2001 Dayton Ave, St. Paul, MN 55104
Phone.....(651) 645-5717
Fax(651) 644-0011
Pastoral emergency line.....(651) 354-9411
parishcenter@onestrongfamily.org

Parish Trustees: Kip Chaffee, Andrew Nowak

Parish Pastoral Council: Michael Duchesne, Chair

Parish Finance Committee: John Wehrly, Chair

Saint Mark’s Catholic Preschool

Addie Smith, Director
651-644-5030
preschool@onestrongfamily.org

CONNECT



CELEBRATIONS

Mass:

Saturday Evening Mass: 5 PM
Sunday Mass: 9 AM and 11 AM

Daily Mass:

Monday-Friday: 10 AM
Tuesday-Friday: 7 AM
Saturday: 8 AM

Confession:

Tuesday-Friday: 9:30 AM; Saturday: 3:30-4:30 PM; Sunday:
8:30-9 AM, 10:30-11 AM

Rosary: The Rosary is prayed after all daily Masses.

Liturgy of the Hours:

Tuesday-Friday: 6:30 PM (Vespers); Saturday: 7:30 AM (Lauds)

SACRAMENTS

Detailed information about Sacraments and Sacramental preparation can be found at onestrongfamily.org/sacraments or by contacting the Parish Center.

BAPTISMS are celebrated on the 3rd Saturday of every month at 10 AM (exceptions for holidays or major parish events). You must register for Baptism at least one month before your desired date. If this is your first child being baptized in the Catholic Church a Baptism preparation class is needed at least two months before the Baptism takes place.

SACRAMENTAL MARRIAGE preparation must begin at least six months prior to your wedding date. Weddings are most often celebrated on Saturdays at 2 PM.

IF YOU KNOW OF A CATHOLIC WHO IS HOMEBOUND and would like to receive weekly Communion or have their confession heard, please contact the Parish Center to learn more about our Homebound Ministry.

RECEIVING THE EUCHARIST: All are welcome to join us in worship at the Church of Saint Mark. Nevertheless, because the Holy Eucharist is the real Body and Blood of Jesus Christ, the reception of Holy Communion is reserved to those Catholics who are in full moral and doctrinal communion with the Catholic Church, are not conscious of any grave unconfessed sin, and who have kept the Eucharistic fast of one hour.

PRO ECCLESIA SANCTA



The Church of Saint Mark is served by the priests, brothers, and sisters of Pro Ecclesia Sancta, which is an institute of consecrated life founded in Lima, Peru in 1992, whose members dedicate themselves to living and promoting the universal call to holiness in the Church. Their motto is *ad maximam trinitatis gloriam*. Everything “for the greatest glory of the Holy Trinity.”

SAINT MARK, PRAY FOR US!

Known by God

A RETREAT FOR MOTHERS GRIEVING THE LOSS OF AN UNBORN CHILD

SATURDAY, FEBRUARY 8TH

9AM-3PM



Maternity of Mary Catholic Church
1414 Dale St. N, Saint Paul, MN 55117
Contact Bernadette Gockowski at bgockowski@gmail.com

THE ARCHDIOCESE OF ST. PAUL AND MINNEAPOLIS IS hosting “Known by God” a retreat for mothers grieving the loss of an unborn child on Saturday, February 8th, from 9 AM - 3 PM at Maternity of Mary Catholic Church in St. Paul.

All mothers grieving the loss of a stillborn or miscarried child are invited to this annual retreat, which is focused on healing in grief through the Catholic perspective. Online registration is \$30. The retreat includes large group talks, small group sharing, prayer time, lunch, and shared resources.

To register, visit maternityofmarychurch.org or scan the QR code below



AN INTRO TO THE

ST. JOSEPH BUSINESS GUILD

PIZZA & NETWORKING @ 7:30 PM

1983 DAYTON AVE ST. PAUL, MN

JAN 07 @ 6:30 PM



RSVP @ SJBUSINESSGUILD.COM



MIRIAM DINNER

Tuesday, January 21, 2025 • 6-8 p.m.
Archdiocesan Catholic Center, 777 Forest Street, St. Paul

Archbishop Bernard A. Hebda and Father Mark Pavlak, invite women, ages 16-35, who are discerning consecrated life to join us for a Miriam Dinner. Come for an evening of prayer and dinner with consecrated women sharing their vocation testimonies.

It is typical for women discerners to be accompanied by their pastor, consecrated religious, or youth minister.

RSVP at 1000vocations.org/events before January 17.
Call: 651.962.6890 • Email: stpaulvocations@1000vocations.org

OFFICE OF VOCATIONS
ARCHDIOCESE OF SAINT PAUL AND MINNEAPOLIS



WCI COMMUNITY GATHERING

Join us for a morning of breakfast, prayer, fellowship, and discussion on marriage and family life according to Saint John Paul II's Rule for married couples.


Saturday, January 25th
8am: Mass at St. Mark's

8:45-10:45 Potluck brunch, talk, discussion, and prayer in Carolyn Hall

We are a family of families; all stages of life are welcome:

- Single
- Dating
- Engaged
- Married

Children of all ages are welcome! We provide childcare during the talk and discussion.



Scan the QR code to let us know you will be joining us!

